



**METAWELL**  
MIND-BODY WELLNESS TECHNOLOGIES

**RLX BRAINGYM™**  
Mental Fitness Lounger

# Think of it as a Gym for your brain

RLX BrainGym™ (formerly RLX Satori) is a zero-gravity lounger with powerful, evidence-based technology to train your brain to relax, recharge, and reset. Through patented binaural vibroacoustics, tactile sound, and synchronized binaural audio frequencies, it guides brainwave patterns into states of deep relaxation, meditation, deep sleep, and heightened focus. With 40 targeted programs, RLX BrainGym™ supports mind-body recovery and longevity through mental clarity, sleep optimization and behavioral change.

Much like meditation, it synchronizes body and mind, without any effort. This unique combination of mental and physical stimulation has been clinically proven to reduce the symptoms of stress and anxiety— while also helping individuals develop healthier neural pathways and sustain calmer, more balanced lives.

Trusted by leading hotels, wellness and longevity centers, clinical health facilities, therapy and rehabilitation clinics, this mental fitness lounger is also versatile in design and application. Equally at home in a luxury spa lounge, a doctor's office, or as a touchless wellness treatment in private residences, it delivers a complete mind-body recovery with transformative power and impressive results.





# The Technology

All BrainGym™ programs utilize audio vibrations, or sine waves, embedded into a multi-layered sound technology.

These sound frequencies, when precisely delivered, create synchronization between the brain's left and right hemispheres.

This hemispheric synchronization results in a quieting of the mind, allowing deep relaxation, meditation, and dreamless sleep to occur.

Through repeated use, this entrainment process allows new neural pathways to be created, promoting lifelong behavior changes.



## The Benefits

- Mental Fitness & Brain entrainment
- Evidence-based for low-energy, lack of sleep, anxiety & stress states
- Supports behavioral change including weight reduction & addiction recovery
- Mental Clarity, improved Focus & emotional Balance

The multi-award winning RLX BrainGym™ offers a non-invasive approach to delivering reliable and favorable outcomes without the need for medications, supplements, mechanical implements or electrical stimuli.



# The BrainGym™ Programs

The BrainGym™ system offers a selection of nine modules, each with 4-6 programs. There are five voice-guided programs in English (available in other languages) with a total of 40 programs.

The additional demo-program provides an introduction to the BrainGym™ technology. All of the relaxation and meditation programs guide the brainwaves to alpha and theta levels.



## BREATHE (non-verbal)

A series of six meditation programs with non-verbal breath work cues. The program is designed for people with English language barriers.



## CHAKRA (non-verbal)

A series of six programs designed to align each Chakra of the body, while guiding brainwaves to a deep meditative state.



## GAMMA (non-verbal)

A series of four Gamma wave programs for better focus, memory retention and mental clarity. The Gamma Meditation program involves Gamma brainwaves, which improve cognitive function and memory and are associated with compassion and gratitude.



## VIBRATIONAL WELLNESS (Two guided, two non-guided programs)

A series of two guided, two non-guided programs ranging from 16 minutes to 50 minutes, focusing on mind/body wellness and healing.



## MEDITATION ENERGY (voice guided)

A series of 6 programs ranging from grounding and stress reduction to energetic cleansing and mind-body regeneration.



## SLEEP (non-verbal)

The Sleep Wave program offers two programs. They range from programs for relaxation, meditation, sleep, positive self-image, brain fitness and behavioral change.



## TOBACCO CESSATION (voice guided)

A series of four behavioral-change programs designed to be followed in sequence.



## RECOVERY SUPPORT (voice guided)

Four sequential behavior-change modules delivered through voice guidance help users regain stability after setbacks.



## WEIGHT MANAGEMENT (voice guided)

Four sequential behavior-change modules support sustainable weight control.



“  
*If your meditation is hard or you have trouble getting into that zone...  
it's a beautiful experience.*  
”

Dawn, Spa Director



View  
Testimonial

“  
*I really felt like I left wherever I was, I was somewhere else.*  
”

Basma Kholief, PR & Partnership Lead at Cruise Saudi



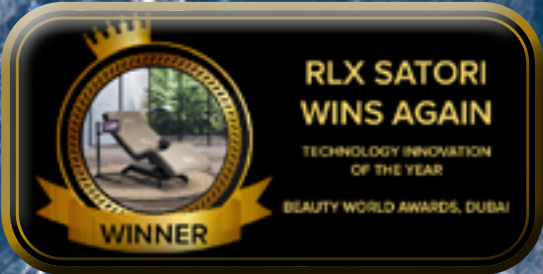
View  
Testimonial



SPA & WELLNESS MEXICARIBE 'MOST INNOVATIVE PRODUCT' AWARD 2023



ESPA EUROPEAN SPAS ASSOCIATION 'INNOVATION AWARD' 2024



BEAUTY WORLD AWARDS, MIDDLE EAST 'TECHNOLOGY INNOVATION OF THE YEAR' 2024



2023 WELLSPA 360 READERS CHOICE AWARDS 'BEST TREATMENT BED'



# Our Clients

Get Inspired by Our Clients' Service Pricing



## ZEM WELLNESS CLINIC

Altea, Spain

🕒 25 minutes / € 250,00



[Read article](#)



## CARILLON WELLNESS RESORT

Miami, USA

🕒 20 minutes / \$ 99,00



[Read article](#)



## TALISE SPA

Marsa Al Arab, Dubai, UAE

🕒 45 minutes / AED 450,00



[Read article](#)

# ROI Calculator

Example of calculation

Number of treatments per day

5

Costs of treatment

\$ 250,00

Revenue per month

\$ 37.500,00

Revenue per year

\$ 450.000,00

Payback (month)

0,53

**CALCULATE  
YOUR ROI**



**CLICK HERE!**





# Why Operators choose RLX BrainGym™

## Effortless Wellness. Tangible Returns.

RLX BrainGym™ delivers meaningful moments of recovery and relaxation – no therapist, no dedicated treatment room, no complexity. Just pure, touchless efficiency that fits effortlessly into any environment and offering.

From hotel suites and medical clinics to fitness and social clubs, this wellness lounge enhances the guest experience with deeply relaxing, non-invasive journeys – while optimizing space, time, and operations.

- ✔ Quick turnaround, high-impact sessions
- ✔ High perceived value with minimal staffing

- ✔ Ideal for spas, suites, wellness lounges & underused zones
- ✔ Quiet, compact, and easy to operate
- ✔ Seamlessly integrates into existing treatments & guest flows
- ✔ Positions your business as a pioneer in tech-enhanced wellness

RLX BrainGym™ brings mental fitness into the heart of your wellness offering. Touchless, transformative, and designed to turn any space into a high ROI wellness zone.

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© Elemis London Flagship Store , Covent Garden UK

© ZEM Wellness Clinic, Altea Spain

RLX BrainGym™ | Mental Fitness Lounger

## USPs

### OPERATIONAL EFFICIENCY

- ✔ No dedicated treatment room or therapist required
- ✔ Easy setup with high ROI
- ✔ Ergonomic, quiet, and intuitive to operate
- ✔ Maximizes space with quick session turnover

### TOUCHLESS ADVANTAGE

- ✔ Revenue-generating: standalone or integrated use
- ✔ Versatile for spas, medical centers, offices, lounges, suites & more
- ✔ Enhances the treatment experience and creates new guest journeys



# Specifications

**TECHNICAL SPECIFICATIONS:**

Access height: 42 cm (16.5 in)

Length: 190 cm (74.8 in)

Width: 73 cm (28.9 in)

Load capacity (inc. tilting): 160 kg (353 lbs)

Total weight of lounger: 92 kg (203 lbs)

**FEATURES:**

Adjusts electrically to zero gravity position

Integrated Smart-Thermo heating system

4 Tactile Sound Transducers

Neck Support Cushion

Headphones

Includes tablet with stand

International voltages available 100-240v 50-60hz



# Pricing



# Options

Ambience light	included
Synthetic leather standard (special color)	included
Synthetic leather Ferrari Stamskin Top (special color)	included
Synthetic leather Ferrari antibacterial coated (special color)	
Metal parts (special color)	
Frame: Optional wood finish	

# Details & Colors



## Upholstery Synthetic Leather Standard and Stamskin (standard)



All Synthetic Leather Standard Colors  
(see Materials & Colors Brochure)

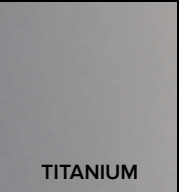


All Synthetic Leather Stamskin Colors  
(see Materials & Colors Brochure)

## Metal Components (standard)



TRAFFIC WHITE



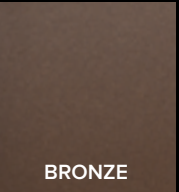
TITANIUM



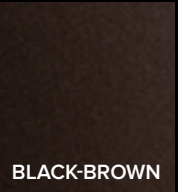
SAND



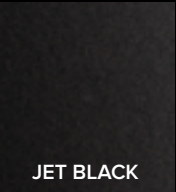
GOLD



BRONZE



BLACK-BROWN



JET BLACK

## Wood Components (optional)



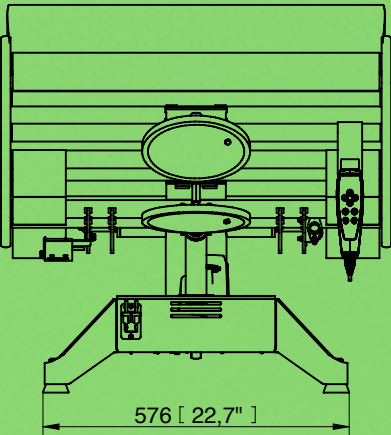
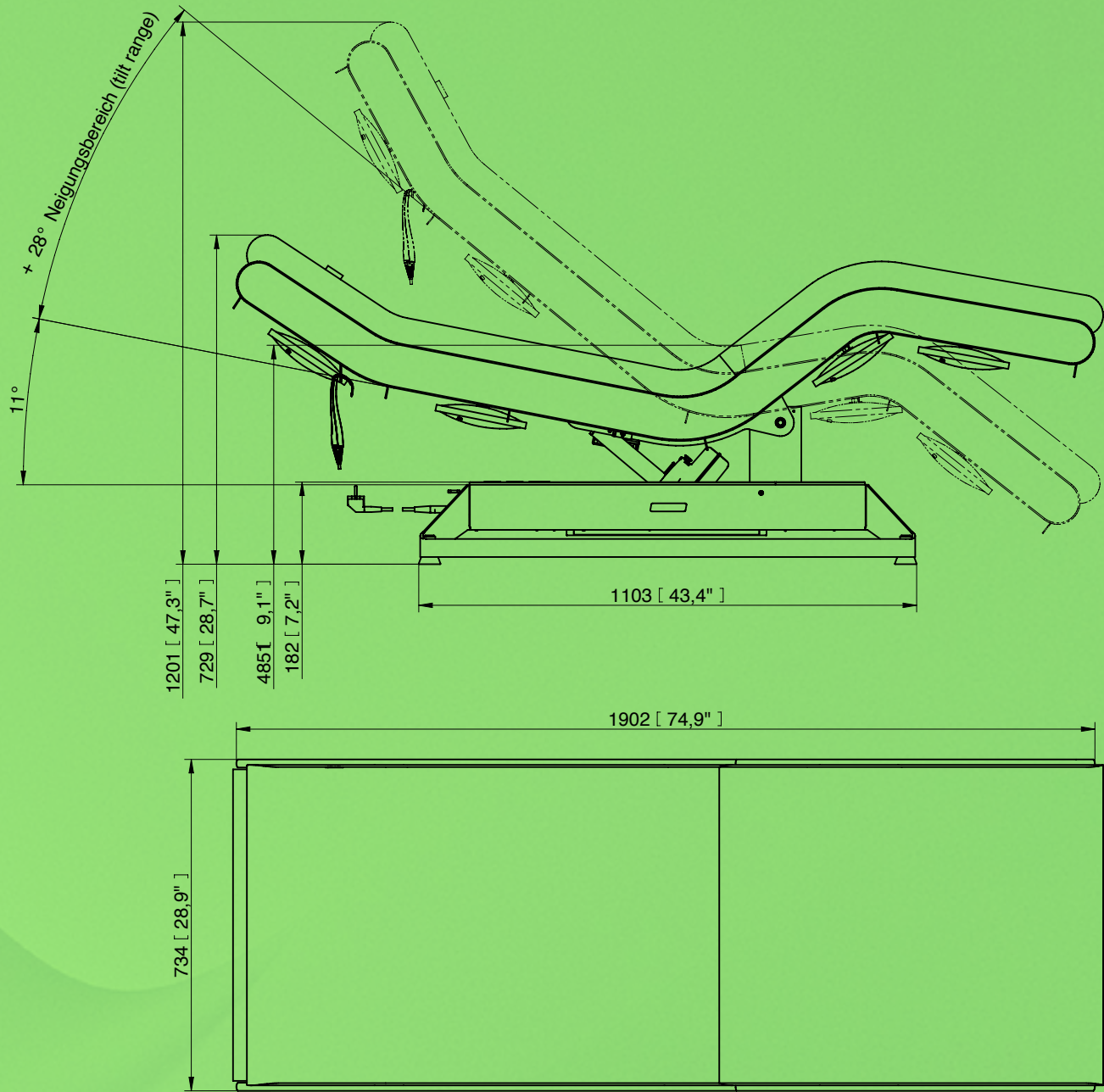
WALNUT



Click here to view  
our full range of colors



# Technical Design & Dimensions



Designed, engineered and  
manufactured in Germany



Gharieni Group  
certifications according to  
ISO13485



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